

JANUS SEMINARS 2018



Fontbonne University
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Students are required to attend one session of *Preparing to Meet with Your Academic Advisor* and one session of *Preparing for LIB 199*.

TIME	LOCATION	SEMINAR TITLE	PRESENTER
Friday, August 31 - Last Day to Drop/Add a Regular Semester Course			
11 - 11:50am	Library 05	<i>The Path of Success: Planning Your Campus Engagement Road Map</i>	Student Group
	Library 06	<i>Forest Park: Where You Can Grow As a Student & a Budding Professional</i>	Glenshaw
	Library 10	<i>Understanding Your Learning Style</i>	Simons
	Lewis Room	<i>Participating Effectively in Class</i>	Williamson
Monday, September 3 - No Janus Seminars (Labor Day Holiday)			
Friday, September 7			
9 - 9:50am	Library 05	<i>Athletics and Academic Responsibilities</i>	Graves
	Library 06	<i>Responding to Social Justice</i>	Gunn
	Library 10	<i>TELOS Honors Program: Learn How to Get Involved</i>	Wohlford
	Lewis Room	<i>Preventing Stress From Getting Under the Skin</i>	Blaxton
10 - 10:50am	Library 05	<i>The Path of Success: Planning Your Campus Engagement Road Map</i>	Student Group
	Library 06	<i>Responding to Social Justice</i>	Gunn
	Library 10	<i>Stress Management Utilizing the Science of Happiness</i>	Charles
	Lewis Room	<i>Preventing Stress From Getting Under the Skin</i>	Blaxton
11 - 11:50am	Library 05	<i>Getting Around Saint Louis</i>	Flores
	Library 06	<i>Financial Aid 101</i>	Staff
	Library 10	<i>Major Exploration: Computer Science</i>	Yang
	Lewis Room	<i>Successful Writing</i>	Lane-deGraaf
Monday, September 10 - No Janus Seminars (All Campus Meeting)			
Friday, September 14			
11 - 11:50am	Library 05	<i>Determine Your True Colors</i>	Hermann
	Library 06	<i>Should I Be Writing This Down? Effective Note-Taking for Learning</i>	Oliverio
	Library 10	<i>Finding Your Voice</i>	Jent
	Lewis Room	<i>Communicating With Your Professors</i>	Adams
Monday, September 17			
11 - 11:50am	Library 05	<i>Time Management</i>	Anwar
	Library 06	<i>Organizing Your Digital Documents</i>	Portman
	Library 10	<i>Figuring Out What's Important</i>	Keller
	Lewis Room	<i>Should I Be Writing This Down? Effective Note-Taking for Learning</i>	Oliverio
Friday, September 21			
11 - 11:50am	Library 05	<i>Squeezing the Juice Out of All the Libraries Available to You For Both School and Pleasure</i>	Glenshaw
	Library 06	<i>Stress and Time Management</i>	Lyons
	Library 10	<i>Major Exploration: Bioinformatics</i>	Eidson
	Lewis Room	<i>The Path of Success: Planning Your Campus Engagement Road Map</i>	Student Group
Monday, September 24			
11 - 11:50am	Library 05	<i>Participating Effectively in Class</i>	Williamson
	Library 06	<i>TBD</i>	
	Library 10	<i>How To Be a Healthy Griffin</i>	Hagan
	Lewis Room	<i>Preparing for the Career Fair Sept. 28th</i>	Keller
Friday, September 28			
11 - 11:50am	Library 05	<i>What Are Your Strengths? An Exploration of Who You Are Through Your Strengths</i>	Julian
	Library 06	<i>Exploring Family Dynamics: The Good, the Bad and the Ugly</i>	Charles
	Library 10	<i>Should I Be Writing This Down? Effective Note-Taking for Learning</i>	Oliverio
	Lewis Room	<i>Catch the Wave – Explore How Campus Ministry Supports Living Fontbonne's Mission</i>	Markway
Monday, October 1			
11 - 11:50am	Library 05	<i>Time Management</i>	Anwar
	Library 06	<i>Resume Development</i>	Keller
	Library 10	<i>Spotting Fake News</i>	Flores
	Lewis Room	<i>Transitioning to College for High-Achieving High School Students</i>	Wohlford
SPECIAL OFFERING: Thursday, October 4			
7 - 8:30pm	Lewis Room	<i>Sexuality, Hookup Culture & Catholic Social Teaching</i>	King
Friday, October 5			
9 - 9:50am	Library 05	<i>Navigating Campus Dining Services: A Balanced Approach to a Healthy Lifestyle</i>	Daugherty/Hoover
	Library 06	<i>Creativity and the Common Good</i>	Ridlen
	Library 10	<i>What is Title IX and Why Does It Matter to You?</i>	Wohlford
	Lewis Room	Preparing for LIB 199	Portman
10 - 10:50am	Library 05	<i>Navigating Campus Dining Services: A Balanced Approach to a Healthy Lifestyle</i>	Daugherty/Hoover
	Library 06	<i>Major Exploration: Cybersecurity & MIS</i>	Tian
	Library 10	<i>Stress Management Utilizing the Science of Happiness</i>	Charles
	Lewis Room	Preparing to Meet with Your Academic Advisor	DeLaet
11 - 11:50am	Library 05	<i>Major Exploration: Education and Special Education</i>	VanDycke
	Library 06	<i>Responding to Social Justice</i>	Gunn
	Library 10	<i>Preventing Stress From Getting Under the Skin</i>	Blaxton
	Lewis Room	Preparing to Meet with Your Academic Advisor	Harris
Monday, October 8			
11 - 11:50am	Library 05	<i>Kinkel Center for Student Success, Advising & Engagement</i>	Wade Johnson
	Library 06	<i>So You're Interested in Dietetics...Now What?</i>	Ohlms
	Library 10	<i>College and Your Mental Well-Being</i>	Lyons
	Lewis Room	Preparing to Meet with Your Academic Advisor	DeLaet

Friday, October 12			
11 - 11:50am	Library 05 Library 06 Library 10 Lewis Room	Gallery Discourse Understanding Your Learning Style Preparing to Meet with Your Academic Advisor Preparing to Meet with Your Academic Advisor	Borchardt Simons DeLaet Harris
Monday, October 15			
11 - 11:50am	Library 05 Library 06 Library 10 Lewis Room	Spotting Fake News Kinkel Center for Student Success, Advising & Engagement Preparing to Meet with Your Academic Advisor Preparing for LIB 199	Flores Wade Johnson Harris Portman
Friday, October 19 - Last Day to Drop a Regular Semester Course/LIB 199 Begins October 22			
11 - 11:50am	Library 05 Library 06 Library 10 Lewis Room	Determine Your True Colors Participating Effectively in Class Catch the Wave – Explore How Campus Ministry Supports Living Fontbonne’s Mission Preparing for LIB 199	Hermann Williamson Markway Portman
Monday, October 22 - No Janus Seminars (Fall Break)/LIB 199 Begins			
Friday, October 26 - Meet Soon with Your Academic Advisor to Confirm Spring 2019 Academic Plan			
11 - 11:50am	Library 05 Library 06 Library 10 Lewis Room	Financial Aid 101 Major Exploration: Social Work Finding Your Voice Successful Writing	Staff Jackson Jent Lane-deGraaf
Monday, October 29			
11 - 11:50am	Library 05 Library 06 Library 10 Lewis Room	Key Time Management Goals & Decision Making Historical "Tour" of Fontbonne College and Your Mental Well-Being Squeezing the Juice Out of All the Libraries Available to You For Both School and Pleasure	Wade Johnson Matz Lyons Glenshaw
Friday, November 2			
9 - 9:50am	Library 05 Library 06 Library 10 Lewis Room	Forest Park: Your Cheap Recreation & Education Center Down the Road Creativity and the Common Good Figuring Out What's Important Mixing It Up: New Technologies at Taylor Library	Glenshaw Ridlen Keller van Kniest/Ridlen
10 - 10:50am	Library 05 Library 06 Library 10 Lewis Room	Gallery Discourse Resume Development Major Exploration: Applied Mathematics Mixing It Up: New Technologies at Taylor Library	Borchardt Keller Abkemeier van Kniest/Ridlen
11 - 11:50am	Library 05 Library 06 Library 10 Lewis Room	Forest Park: Where You Can Grow As a Student & a Budding Professional How To Be a Healthy Griffin The Zen of Executive Presence Mixing It Up: New Technologies at Taylor Library	Glenshaw Hagan Julian van Kniest/Ridlen
Monday, November 5			
11 - 11:50am	Library 05 Library 06 Library 10 Lewis Room	Key Time Management Goals & Decision Making Integrating Research Into Writing Organizing Your Digital Documents Introducing Fontbonne's Peace Corps Prep Program	Wade Johnson Matz Portman Chism
Friday, November 9 - Registration Begins for First-Year Students (< 30 credit hours)			
11 - 11:50am	Library 05 Library 06 Library 10 Lewis Room	What Are Your Strengths? An Exploration of Who You Are Through Your Strengths Exploring Family Dynamics: The Good, the Bad and the Ugly Major Exploration: Fashion Merchandising Approaching Course Evaluations	Julian Charles Liljequist Adams
Monday, November 12			
11 - 11:50am	Library 05 Library 06 Library 10 Lewis Room	Gallery Discourse Stress and Eating Disorders Integrating Research Into Writing So You're Interested in Health Education & Promotion...Now What?	Borchardt Lyons Matz Ohlms
Friday, November 16			
11 - 11:50am	Library 05 Library 06 Library 10 Lewis Room	Determine Your True Colors Catch the Wave – Explore How Campus Ministry Supports Living Fontbonne’s Mission Understanding Your Learning Style Major Exploration: Data Science	Hermann Markway Simons Rahmani
Monday, November 19			
11 - 11:50am	Library 05 Library 06 Library 10 Lewis Room	Healthy Relationships Finding Your Voice Squeezing the Juice Out of All the Libraries Available to You For Both School and Pleasure Introducing Fontbonne's Peace Corps Prep Program	Charles Jent Glenshaw Chism
Friday, November 23 - No Janus Seminars (Thanksgiving Break)			
Monday, November 26			
11 - 11:50am	Library 05 Library 06 Library 10 Lewis Room	Forest Park: Your Cheap Recreation & Education Center Down the Road Financial Aid 101 Historical "Tour" of Fontbonne Stress and Time Management	Glenshaw Staff Matz Lyons
Friday, November 30			
11 - 11:50am	Library 05 Library 06 Library 10 Lewis Room	Creativity and the Common Good Catch the Wave – Explore How Campus Ministry Supports Living Fontbonne’s Mission The Zen of Executive Presence How To Be a Healthy Griffin	Ridlen Markway Julian Hagan