

**Fontbonne University Department of Family & Consumer Sciences  
Accelerated Master's / Coordinated Program in Nutrition and Dietetics:  
BS in Dietetics + MA in Health Advancement and Promotion Curriculum Guide**

<b>First Year - Fall</b>			<b>First Year - Spring</b>		
INT 105	Culture & the Common Good	3	†CHM 128	General, Organic, Biochemistry (GOB) I (GER – PLR)	4
LIB 199	Info Lit in Higher Ed	1	†CHM 9128	General, Organic, Biochemistry (GOB) I Lab	0
COM	COM101 OR COM102	3	†BIO 240	Microbiology for Health Professionals	3
ENG 101	Composition I	3	†BIO 245	Microbiology Lab	1
MTH 105 or MTH 107	College Algebra (prerequisite for CHM128)	4	ENG 102	Composition II	3
CIS	CIS Elective	<u>3</u>	†PSY	PSY 100 Intro. to Psychology Or PSY 200 Developmental Psychology (3 cr) (GER – PLR)	3
		17	GOV 101	US & MO Constitutions	<u>1</u>
					15
<b>Second Year - Fall</b>			<b>Second Year - Spring</b>		
†FDS 125	Food Service Sanitation	1	†MTH 115	Introduction to Statistics	3
†DTS 201	Introduction to Careers in Food, Nutrition and Dietetics	1	†FDS 221	Food Science Theory & App	4
†CHM 228	General, Organic, Biochemistry (GOB) II	4	†BIO 222	Anatomy and Physiology II	4
†CHM 9228	General, Organic, Biochemistry (GOB) II Lab	0	†BIO 9222	Anatomy and Physiology II Lab	0
†NTR 216	Principles of Nutrition	3	†CHM 328	General, Organic, Biochemistry (GOB) III	3
†BIO 220	Anatomy and Physiology I	4	†NTR223	Interviewing, Ed & Counseling	<u>3</u>
†BIO 9220	Anatomy and Physiology I Lab	0			
†PHL 260	Contemporary Moral Issues (GER-PLR) *	3			17
		16			
<b>APPLICATION TO CP OCCURS PRIOR TO ENTERING THE THIRD OR FOURTH YEAR</b>					
<b>Third Year - Fall (1<sup>st</sup> year CP entry)</b>			<b>Third Year - Spring</b>		
	Diversity and Justice (select from list of approved courses)	3	NTR 410	Community Health	4
NTR 316	Life Cycle Nutrition	3	CDS 500	Introduction to Research Methods	3
FDS 326	Quantity Food Production	3	FDS 345	Food Syst. & Dietetics Mgt.	3
EDU 313	Methods & Practicum in Middle/Sec./Community Education	3	ART, HST, or LIT	GER-PLR (choose one from list of approved courses)	3
ART, HST, or LIT	GER-PLR (choose one from list of approved courses)	3	FDS 422	Cultural Competence through Food	<u>3</u>
REL	Religion Elective (choose any course)	<u>3</u>			16
		18			
<b>Third Year – Summer (2<sup>nd</sup> year CP entry)</b>					
HAP 535	Leadership Development for Professional Practice	3			
HAP 533	Advocacy and Public Policy: Addressing a World in Need	<u>3</u>			
		6			
<b>Fourth Year – Fall Note: Students will move to Graduate status at the end of this semester)</b>			<b>Fourth Year - Spring</b>		
NTR 415	Medical Nutrition Therapy I	4	NTR 416	Medical Nutrition Therapy II	4

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HAP 541	Applied Health Behavior to Enhance Health Outcomes	3	HAP 543	Contemporary Applications for Health Communication	3
FDS 424	Experimental Foods*	3	HAP 542	Interpreting and Translating Science for Consumers	3
NTR 419	Advanced Nutrition	3	DTS 538	Preparation for Supervised Practice II	1
DTS 540, 541, 542	Clinical, Community, and/or Food Service Management Practicum	1 - 2	DTS 540, 541, 542	Clinical, Community, and/or Food Service Management Practicum	1 -2
DTS 536	Preparation for Supervised Practice I	1			12-13
		16-17			
<b>Fourth Year – Summer</b>					
DTS 546	Graduate Supervised Practice I	3			
NTR 537	Advanced Topics in Medical Nutrition Therapy	2			
Elective	Choose any graduate level (500 or above) course not required for the major.	3			
		7			
<b>Fifth Year - Fall</b>					
DTS 547	Graduate Supervised Practice II	3			
DTS 548	Professional Seminar in Nutrition and Dietetics	1			
		4			

B.S. total hours: 122

M.A. total hours: 35

Hours that count toward both B.S. and M.A.: 12

Total program hours: 145

GER – PLR = General Education Pillars Requirement (choose a course from 2 of the remaining 3 Pillars: Fine Arts, History, Literature)

\*These courses are designated as writing intensive by the university.

**† CP prerequisite courses (must be completed, or in process at time of CP application):**

*Students must receive a grade of C- or better in all prerequisite courses and have at least a 3.25 overall GPA at Fontbonne to be considered for the accelerated master's / coordinated program in nutrition and dietetics.*

*Please see additional application requirements on the program website or contact Dena French for more information.*

BIO 220 Anatomy & Physiology I (4 cr)

BIO 9220 Anatomy & Physiology I Lab (0 cr)

BIO 222 Anatomy & Physiology II (4 cr)

BIO 9222 Anatomy & Physiology II Lab (0 cr)

BIO 240 Microbiology (3 cr)

BIO 245 Microbiology Lab (1 cr)

CHM 128 GOB I (4 cr)

CHM 9128 GOB I Lab (0 cr)

CHM 228 GOB II (4 cr)

CHM 9228 GOB II Lab (0 cr)

CHM 328 GOB III (3 cr)

DTS 201 Introduction to Careers in Food, Nutrition, and Dietetics (1 cr)

FDS 125 Food Service Sanitation (1 cr)

FDS 221 Food Science Theory and Applications (4 cr)

MTH 105 or MTH 107 College Algebra (4 cr)

MTH 115 Intro to Statistics (3 cr)

NTR 216 Principles of Nutrition (3 cr)

NTR 223 Interviewing, Education, and Counseling (3 cr)

PHL 260 Contemporary Moral Issues (3 cr)

PSY 100 Intro to Psychology or PSY 200 Developmental Psychology (3 cr)

**Total = 48 credits of prerequisites**